#### What is a Mentor

- A Mentor takes a personal interest in and helps an inexperienced person, sometimes called a Mentee
- The Mentor serves as a role model, coach and confidante, offering knowledge, insight, perspective or wisdom useful to the Mentee

### With the aid of a Mentor, new members...

- Learn the program
- Learn Club standards and customs
- Develop confidence
- Participate more
- Quickly learn speaking skills

## With a Mentor's guidance, more experienced members...

- Further refine skills
- Learn new skills

# Those who serve as mentors to new or experienced members also reap a number of rewards. They...

- Learn from their Mentees
- Remain productive
- Do something for others
- Receive recognition

## The Club as a whole benefits too. Clubs that encourage members to mentor one another...

- Have more members
- Have more satisfied members
- Retain more members

### A good Mentor is...

- Available
- Patient
- Sensitive
- Respectful
- Flexible

- Supportive of the Club
- Knowledgeable
- Confident
- A good listener
- Concerned about others

# Once the new member has been assigned a Mentor, at the first meeting the Mentor should...

- Sit with the new member
- Orient the new member to Club customs and procedures
- Explain how to sign up
- Help with the Icebreaker

## By the next meeting, a Mentor should...

- Make Mentees aware of resources
- Provide positive feedback
- Explain responsibilities
- Help with speeches and other assignments

#### "A Toastmaster's Promise"

- As a member of Toastmasters International and my Club, I promise...
- To attend Club meetings regularly;
- To prepare all my speeches to the best of my ability, basing them on projects in the basic *Communication & Leadership* manual or the *Advanced Communication & Leadership* manuals;
- To willingly prepare for and fulfill meeting assignments;
- To provide fellow members with helpful, constructive evaluations;
- To help the Club maintain the positive, friendly environment necessary for all members to learn and grow;
- To willingly serve my Club as an officer when called upon to do so;
- To treat my fellow Club members and our guests with respect and courtesy;
- To bring guests to Club Meetings so they can see the benefits Toastmasters membership offers;
- To adhere to the guidelines and rules for all Toastmaster educational and recognition programs;
- To maintain honest and highly ethical standards during the conduct of all Toastmaster activities.

## Eventually, Mentors should also do the following:

- Tell how you've benefited
- Invite the Mentee to other events
- Acknowledge progress
- Explain officer' duties
- Explain speech contests
- Describe the TI organization

#### Qualities of Mentees

- Eager to learn
- Receptive
- Open to new ideas
- Loyal
- Grateful